

## What are the prep & at home instructions for sugaring?

To prepare for sugaring service remember not to exfoliate the the day BEFORE, the day OF or the day AFTER any sugaring service because the sugar will provide exfoliation for you in the area. Over exfoliaton can cause skin irritation.

Remember to NOT TWEEZE between appointments. The goal in sugaring is to have all the hair grow at the same rate and be removed at the same time. This will provide a clean line each time. If you tweeze between appointments you will never have a clean line and hair will continue to grow back with no break down of the hair folicale.

Also if your skin becomes a bit irritated after you go home, notify your service provider at Java Salon, and take whatever you would take for a "runny nose."